

# Game Day – Match Day Roles – Coach



## Compulsory Requirements

- Registered in CoachAFL
- Foundation AFL Coach Accreditation
- Working with Children Check

## Recommended

- Level 1 First Aid Accreditation

## Match Day Requirements

- **Must remain in the designated Coach's Box area**
- Must adhere to the Coach's Code of Conduct
- Must have read and understood the YJFL By-Laws

## Even Up Rule

- All coaches must read and adhere to YJFL Even Up Rule
- Up to and including Under 12 Teams, Clubs must loan or accept the number of players required to even up the teams.
- Once advised, all coaches must implement the requirements of this rule in a timely manner

- Ensure only players listed as playing are In the coaching area
- **Do not change bibs. The YJFL can issue fines if this occurs**
- Do not question/attempt to influence umpires
- Do not approach umpires – only TM may do this
- Under 8's and 9's coach from the field

# Game Day – Match Day Roles – Assistant Coach



## Compulsory Requirements

- Registered in [CoachAFL](#)
- Foundation AFL Coach Accreditation
- Working with Children Check

## Recommended

- Level 1 First Aid Accreditation

## Match Day Requirements

- Must remain in the designated Coach's Box area
- Must adhere to the Coach's Code of Conduct
- Must have read and understood the YJFL By-Laws

## Even Up Rule

- All coaches must read and adhere to YJFL Even Up Rule
- Up to and including Under 12 Teams, Clubs must loan or accept the number of players required to even up the teams.
- Once advised, all coaches must implement the requirements of this rule in a timely manner

# Game Day – Match Day Roles – Runner

## Runner



### **Compulsory Requirements**

- Working with Children Check

### **Match Day Requirements**

- Must remain in the designated Coach's Box area when not delivering messages
- May remain on the field only long enough to deliver two (2) messages
- Must not coach on the ground
- Must refrain from talking to or questioning umpires
- Must not interfere with opposition players or officials either physically or verbally
- Must remain outside the marked arc when there is a set shot on goal or a kick in

### **Also Please Note:**

- **Do not change bibs**
- Do not question/attempt to influence umpires
- Do not approach umpires – only TM may do this
- No runner in Under 8's and 9's as coaches coach from the field

# Game Day – Match Day Roles – Trainer

## Trainer



### Also Please Note:

- If your trainer needs to re-stock the team's first aid kit, please do so, and then send a receipt and bank account details for reimbursement to: [treasurer@pjfc.com.au](mailto:treasurer@pjfc.com.au)

### **Compulsory Requirements**

- Working with Children Check

### **Recommended**

- Level 1 First Aid Accreditation minimum, Emergency Response Coordinator recommended

### **Match Day Requirements**

- Restricted to attending injured players on the ground
- Must wear Single Use Disposable Gloves when attending to players (masks if player show signs of sickness)
- Obtain qualified medical assistance where injury appears of a serious nature
- Ensure venue stretcher is visible and readily available
- Must not coach on the ground
- Must refrain from talking to or questioning umpires
- Must not interact with opposition players or officials either physically or verbally

# Game Day – Match Day Roles – Ground Manager



## Minimum Requirements

- A responsible adult not holding any other match day official role
- Have adequate knowledge of club's facilities
- Have access to details of police, ambulance, hospital etc.

## Match Day Requirements

- Monitor Crowd Behaviour
- Ensure no spectators are between the arcs at  $\frac{1}{4}$  and  $\frac{3}{4}$  time breaks
- Bring any inappropriate conduct to the attention of club officials
- Be the point of contact for any queries or concerns about the venue



## *Umpire Escort*



### ***Minimum Requirement***

- A responsible adult

### ***Match Day Requirements***

- Escort the umpires onto the ground prior to the commencement of the first and third quarters
- Escort the umpires from the ground at the conclusion of the second and fourth quarters
- Remain with the umpires during the quarter time and three quarter time breaks
- Ensure that spectators, players or officials do not confront the umpires during these occasions

### ***Special Note***

- Only the team captain or Team Manager are permitted to interact with the umpire during these occasions

# Game Day – Match Day Roles – Goal Umpire



## Match Day Requirements

You will be given a white coat, 2 white flags, a scorecard & pen  
Record each Goal or Point scored by both teams on the score card  
The whole of the ball must be over the whole of the line to be a score

Signal all Goals & Points scored by either team at either end of the ground by waving the flags in time with the Goal Umpire at the opposite end of the ground.

- Wave 2 flags for a Goal
- Wave 1 flag for a Point
- If the ball hits the post signal a point by first touching the post
- If a player touches the ball before rolling through signal a point by first tapping the back of your hand

During Quarter Time breaks you must check your score card with the Opposition Goal Umpire (advise the Umpire if discrepancy)

- Hand your completed scorecard back to the Team Manager at the end of the match
- For Under 8, Under 9 and Under 10 Girls there is NO official scoring– ignore instructions relating to scoring.
- No coaching allowed

# Game Day – Match Day Roles – Boundary Umpire



## Match Day Requirements

- Must wear a white shirt
- Must be supplied with a whistle
- Adjudicate when the ball is out of bounds

## Tips

- Ensure that the whole of the ball is over the whole of the line before blowing whistle
- To be out of bounds on the full the ball can come off any part of the leg below the knee
- When the ball makes contact with the behind post it is out of bounds
- When the ball makes contact with the behind post, on the full from a kick, it is out of bounds on the full



# Game Day – Match Day Roles – Field Umpire



**Home Games Only  
(U10 and below)**

## **Match Day Requirements**

- Must be supplied with a whistle
- Must understand the rules, including junior modified rules
- Control the game
- Be encouraging of all players in the game
- Assist all players in their ongoing understanding of the rules through positive and clear communication of rules and decisions made
- Reward effort
- Encourage players to remain in zones
- Encourage good sportsmanship
- Ensure spectators and officials behave in an acceptable manner

## Time Keeper



### Responsibility

- To ensure that quarters run no longer than allocated time.
- To ensure that breaks run no longer than allocated time
- To acknowledge umpire's entrance to ground prior to first and third quarters (blow siren)
- To signal 2 minute warning (blow 2 short bursts of siren) prior to completion of all breaks. 1 minute warning (1 short burst of siren)
- To keep track of and note score in the event of dispute

### Length of Quarters

U8 Mixed **10 Minutes**

U9 Mixed & U10 Girls **12 Minutes**

U10 - U13 Mixed, U11 - U14 Girls **15 Minutes**

U14 Mixed - Colts Boys, U15 - U18 Girls **20 Minutes**

### Breaks

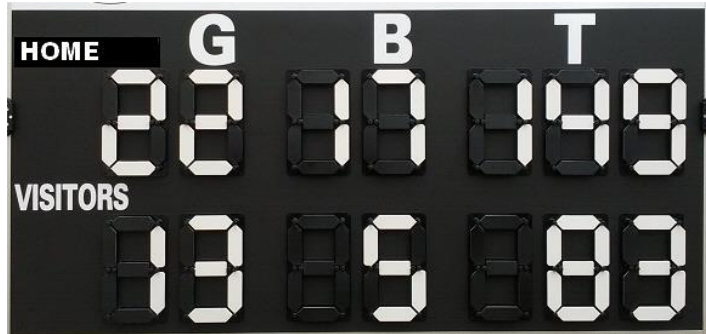
- All U8s, U9s & U10 Mixed & Girls:
  - All breaks = **5 mins**
- All other Age Groups:
  - ¼ time = **4 mins**, ½ time = **12 mins**, ¾ time = **7 mins**

# Game Day – Match Day Roles – Scoreboard Attendant



## Responsibility

- Ensure that scoreboard continuously displays current score
- Can be done by the Time Keeper
- Check score with goal umpires at the end of each quarter
- League supplied goal umpires will wave flags to confirm scoreboard is correct at the conclusion of each quarter



**\*Home Games Only.**

**\*No Scoreboard for Under 8's and 9's**

# YJFL Season Snapshot

Round	Date	Notes
1	23rd April	
2	30th April	
3	7th May	
4	14th May	Mother's Day
5	21st May	
6	28th May	
7	4th June	
BYE	11th June	King's Birthday Long weekend Interleague Matches
8	18th June	
9	25th June	
BYE	2nd July	Middle weekend School holidays
BYE	9th July	Last weekend School holidays
10	16th July	
11	23rd July	
12	30th July	
13	6th August	
14	13th August	
Semi Finals	20th August	
Preliminary Finals	27th August	
Grand Finals	3rd September	Father's Day

## 2023 Season Snapshot

- Season Commences 23rd April (Round 1)
- Re-graded Competitions commence 21st May (Round 5)
  
- U8s Day 18<sup>th</sup> June (Round 8)
- U9s Day 25<sup>th</sup> June (Round 9)
  
- Final Home and Away Matches 13<sup>th</sup> August (Round 16)
  
- Semi Finals – Sunday 20<sup>th</sup> August
- Prelim Finals – Sunday 27<sup>th</sup> August
- Grand Finals – Sunday 3<sup>rd</sup> September

### **Presentation Night**

TBC – Tuesday 29<sup>th</sup> August or Sunday 10<sup>th</sup> September

# PJFC Contact Info

## Parkside Junior Football Club - Contact Details for Team Managers and Coaches

Team	Team Manager	TM Email	TM Phone	Coach	Coach Email
8B	Erin Ward, Meghan Jarrett	<a href="mailto:erinward.sp@gmail.com">erinward.sp@gmail.com</a> , <a href="mailto:meghanjarrett@hotmail.com">meghanjarrett@hotmail.com</a>	0407343108 ;	Julian Larkins	<a href="mailto:julianlarkins@hotmail.com">julianlarkins@hotmail.com</a>
9B	Simon Haslock	<a href="mailto:simonhaslock@gmail.com">simonhaslock@gmail.com</a>	0423626192	Rich Craven	<a href="mailto:rich@craven.com.au">rich@craven.com.au</a>
10B	Sam Rolfe	<a href="mailto:samuelrolfe@gmail.com">samuelrolfe@gmail.com</a>	0423 274 487	Scott Nugent	<a href="mailto:scottnugent@jelliscraig.com.au">scottnugent@jelliscraig.com.au</a>
11B	Ginny Hartley	<a href="mailto:ginny_hartley@yahoo.com">ginny_hartley@yahoo.com</a>	0432 427 599	Damian Cullen	<a href="mailto:dpjcullen@gmail.com">dpjcullen@gmail.com</a>
12B	Hayley Coldrey	<a href="mailto:hayleycoldrey@hotmail.com">hayleycoldrey@hotmail.com</a>	0404 860 981	Dean Fanning	<a href="mailto:dfanning@rpdpartners.com.au">dfanning@rpdpartners.com.au</a>
13B	Megan Goodwin	<a href="mailto:megangoodwin@mac.com">megangoodwin@mac.com</a>		Ash Parkes	<a href="mailto:ap@plantoprosper.com.au">ap@plantoprosper.com.au</a>
14B	Dan Boulton	<a href="mailto:Dan.Boulton@ausnetservices.com.au">Dan.Boulton@ausnetservices.com.au</a>	0429 127 062	Rob Spurr	<a href="mailto:robtopspurr@hotmail.com.au">robtopspurr@hotmail.com.au</a>
15B	Richard Everingham	<a href="mailto:richeham@yahoo.com.au">richeham@yahoo.com.au</a>	412389051	Isaac and Michael Romano	<a href="mailto:romanoisaac4@gmail.com">romanoisaac4@gmail.com</a> ; <a href="mailto:m.romano1720@gmail.com">m.romano1720@gmail.com</a>
16B				Matthew Holden	<a href="mailto:matthew.holden777@gmail.com">matthew.holden777@gmail.com</a>
U17B Youth	Justin Hopkins	<a href="mailto:innomatics@gmail.com">innomatics@gmail.com</a>	410854834		
U18B Youth					
10G	Ange Gregori	<a href="mailto:ang.gregori@gmail.com">ang.gregori@gmail.com</a>	0417067457	Rob Wise	<a href="mailto:rwise375@gmail.com">rwise375@gmail.com</a>
12G	Sally Flanagan	<a href="mailto:rose.sal@gmail.com">rose.sal@gmail.com</a>	0437191204	Kristie Shipley	<a href="mailto:kristierbrown@gmail.com">kristierbrown@gmail.com</a>
14G	Kath Filbey and Lucy Barton	<a href="mailto:kfilb27@gmail.com">kfilb27@gmail.com</a> , <a href="mailto:lucyebarton@gmail.com">lucyebarton@gmail.com</a>	0412247095, 0409444872	Marco Paoli	<a href="mailto:M.mpaoli@bigpond.net.au">M.mpaoli@bigpond.net.au</a>
16G	Quimby Mills Oddie	<a href="mailto:quimbymo@gmail.com">quimbymo@gmail.com</a> ; <a href="mailto:maxoddie@gmail.com">maxoddie@gmail.com</a>	0429051880	Matt Honey	<a href="mailto:matt_honey@yahoo.com.au">matt_honey@yahoo.com.au</a>
YouthG	Jodie Palmer	<a href="mailto:secretary@pjfc.com.au">secretary@pjfc.com.au</a>	0400890243	Marie-louise Zeevaarder	<a href="mailto:ml_brink@hotmail.com">ml_brink@hotmail.com</a>



# PJFC Contact Info

## Executive Committee

**PRESIDENT** - Nik Devidas ([president@pjfc.com.au](mailto:president@pjfc.com.au))

**VICE PRESIDENT**

**SECRETARY** - Jodie Palmer ([secretary@pjfc.com.au](mailto:secretary@pjfc.com.au))

**TREASURER** - Rob Spurr ([treasurer@pjfc.com.au](mailto:treasurer@pjfc.com.au))

## Non-Executive Committee Members

**FOOTY OPERATIONS MANAGER** - Chris Cantor ([footyops@pjfc.com.au](mailto:footyops@pjfc.com.au))

**TEAM MANAGER COORDINATOR** - Brett McNeill ([tm@pjfc.com.au](mailto:tm@pjfc.com.au))

**SOCIAL MEDIA & COMMUNICATIONS** - Sarah Eager ([media@pjfc.com.au](mailto:media@pjfc.com.au))

**REGISTRAR** - Annie McAuley ([registrations@pjfc.com.au](mailto:registrations@pjfc.com.au))

**VOLUNTEER COORDINATOR** - Jo Gilligan ([volunteers@pjfc.com.au](mailto:volunteers@pjfc.com.au))

**SPONSORSHIP & FUNDRAISING** - Dan McFarlane ([sponsorship@pjfc.com.au](mailto:sponsorship@pjfc.com.au))

**MERCHANDISE & EQUIPMENT** - Damien Callahan ([merchandise@pjfc.com.au](mailto:merchandise@pjfc.com.au))

**CHILD SAFETY OFFICER** - Jo Di Ciero ([welfare@pjfc.com.au](mailto:welfare@pjfc.com.au))

# PJFC Values



## Our Values

## Our Behaviours

Fostering a  
Community  
Spirit

- Promoting an inclusive environment
- Accepting and celebrating difference
- Demonstrating commitment to others

Fun and  
enjoyment

- Showing empathy and care
- Promoting good sportsmanship and temperament
- Placing winning in perspective

The  
encouragement  
of participation  
of all

- Offering faith and encouragement in each other
- Showing respect for umpires, opponents and fellow players
- Sharing credit and responsibility

Promotion of  
Australian rules  
and Junior  
Football

- Promoting good sportsmanship and temperament
- Demonstrating a team-first approach
- Recognising our Club history



They say we play like devils,  
Red devils we certainly are,  
They all fear Parkside,  
against us they never get far,  
We never give in and here is a red  
hot tip,  
This is the year for Parkside and  
the premiership,  
Who are, who are, who are we,  
we are the team from PFC  
Razzle dazzle yeah yeah yeah  
Parkside Parkside yeah yeah yeah  
P-A-R-K-S-I-D-E Parkside





## The Community Club

Our Vision is to be the Club of choice for families and participants within the Yarra Junior Football League because of the way we play the game, live our values and engage with the community.

Our Mission is to provide a fun, accepting, sociable sporting atmosphere for all Club members that delivers benefits back to our local community and a “Whole of Life” experience for our members.

Our club culture is admired and renowned around the YJFL. It embodies our values and supports “Good Footy”, no matter who is winning.

